

# Join us at our 2<sup>nd</sup> annual Healthy Aging Seminar



## Fun Facts about Healthy Aging at Morristown Memorial Hospital

- There is a brand new Senior Services/Healthy Aging Website at [atlanticealth.org](http://atlanticealth.org)
- Morristown Memorial Hospital Cardiac Care ranks # 4 in the nation
- Morristown Memorial Hospital performed over 1500 joint replacements last year, one of the most in NJ.

- ▲ **For:** All Community Members
- ▲ **Date:** Tuesday, September 15
- ▲ **Time:** 1:00pm - 3:00pm
- ▲ **Place:** Morristown Memorial Hospital  
Malcolm Forbes Amphitheater  
100 Madison Avenue  
Morristown, NJ 07960

## Schedule of Events:

- ▲ **Free Shuttle Bus: 12:30 – 1:00 PM**  
Park at Atlantic Health Corporate Site,  
475 South Street, Morristown (across from  
Hackney Stables)
- ▲ **Lectures for the day**  
“Sleep Across the Ages” Neil Friedman,  
RN, Coordinator of the Sleep Disorder  
Center  
“My Aching Joints” Dr. Stephen Hunt  
Orthopedic Surgeon
- ▲ **Visit vendor and resource fair**  
Valuable information on services for  
seniors and great giveaways

To register, please call

1-800-247-9580.

Each participant will be given a  
complimentary take-home meal at the  
end of the day!



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