



PROGRAM

Assessment and Treatment for the Athletic Trainer

7:00 Registration

7:30 Introduction

William J. Dowling MD, FAAOS, FACS
Orthopaedic Surgeon
Chair, Department of Orthopedic Services
Morristown Memorial Hospital, Atlantic Health

Lower Extremity

Moderator

Wayne A. Colizza MD, FAAOS
Orthopaedic Surgeon, Sports Medicine
Service Chief, Sports Medicine
Morristown Memorial Hospital, Atlantic Health
Tri- County Orthopaedics and Sports Medicine, P.A.

7:40 Prevention of ACL Injuries

Gerard. Malanga MD
Physical Medicine and Rehabilitation
Director, Atlantic Health Physical Medicine and Rehabilitation Sports Medicine
Fellowship
Director, Overlook Pain Center
Clinical Professor Physical Medicine and Rehabilitation UMDNJ

8:00 ACL Treatment –New Trends on the Horizon

Kenneth D. Montgomery MD
Orthopaedic Surgeon, Sports Medicine
Head Team Physician, **New York Jets**
Tri-County Orthopaedics and Sports Medicine, P.A.

8:20 **Labral Tears of the Hip**
Stephen A. Hunt MD
Orthopaedic Surgeon, Sports Medicine
Bedminster Orthopaedics and Sports Medicine

8:40 **Discussion – Q and A**

Medical

Moderator

Damion Martins MD
Internal Medicine, Orthopedics and Sports Medicine, Atlantic Health
Assistant Professor of Medicine, Albert Einstein College of Medicine
Adjunct Professor, Hofstra University
Medical Consultant, New York Jets

9:00 **Nutrition**

Dixie Douville RN, BSN
Gagnon Cardiovascular Institute
Atlantic Health
USTAF Certified Coach

Mary Finckenor, RD, CDE, BC-ADM, CSS Dietitian
Diabetes Educator
Cardiac Health Center
Atlantic Health

9:20 **Concussion**

Joseph Rempson MD
Sports Physical Medicine and Rehabilitation
Chairman, Department of Rehabilitation at Overlook Hospital
Director, Atlantic Neuroscience Concussion Center at Overlook Hospital

9:40 **Allergies and Asthma**

Joseph Tribuna MD
Director, Family Practice
Overlook Hospital, Atlantic Health

10:00 **Discussion – Q and A**

10:20 **Break**

Upper Extremity

Moderator

Clifford Schob MD
Orthopedic Surgeon, Sports Medicine
Comprehensive Orthopaedics

11:00 Elbow MCL Injury in Throwers

Andrew A. Willis MD
Orthopaedic Surgeon, Sports Medicine
Assistant Team Physician, New York Jets
Tri-County Orthopaedics and Sports Medicine, PA

11:20 SLAP Tears and the Thrower's Shoulder

Wayne A. Colizza MD, FAAOS
Orthopaedic Surgeon, Sports Medicine
Service Chief, Sports Medicine
Morristown Memorial Hospital, Atlantic Health
Tri- County Orthopaedics and Sports Medicine, P.A.

11:40 Management of the First Time Shoulder Dislocation

Marc H. Rubman MD
Orthopaedic Surgeon, Sports Medicine
The Orthopedic Group

12:00 Discussion – Q and A

12:20 Adjournment

William J. Dowling MD, FAAOS, FACS